



FAITH IN ACTION (ACT)

PRAYER

Write a prayer inspired by Tereesa's story.

FASTING

Fast from watching TV and movies, and from playing video games, etc.

Then use this time to connect with your neighbour, carer, parents and/or grandparents, listening to their stories and traditions.

What did you learn?

ALMSGIVING

Baabayn gave Tereesa an opportunity to take the time to listen to the stories of her Elders, as well as share her own story. Lent gives us the opportunity to share our time, gifts and talents with others.

Think about how you can share some of your time and talents with others this Lent. Write some ideas you have below.

For inspiration!

- \$50 buys a week's supply of canvases for Baabayn's youth group members to cover with amazing art
- \$100 gives vulnerable seniors lifts to and from Baabayn's weekly Elders' Gathering for a whole month